



2023-2024 SCHEDULE

BTR  **BREAKIN**
AFTER SCHOOL

BREAKDANCING | SPORTS SCIENCE

SAFELY AND EFFECTIVELY

ATHLETICISM | SELF EXPRESSION | SOCIAL SKILLS

- WEEKLY ON-CAMPUS TRAINING SESSIONS-
- CITY WIDE INTER-SCHOOL BREAKING TOURNAMENT-
- GROUP PERFORMANCES-

-----CHRISTMAS BREAK-----

WINTER SESSION | COST-\$275
 8 WEEKS | EVERY FRIDAY | 3:45-5:15
 1.5 HRS /DAY (12 HOURS TOTAL)

JANUARY 5	FEBRUARY 9
JANUARY 12	FEBRUARY 16
JANUARY 26	FEBRUARY 23
FEBRUARY 2	MARCH 1

SPRING SESSION | COST-\$275
 8 WEEKS | EVERY FRIDAY | 3:45-5:15
 1.5 HRS /DAY (12 HOURS TOTAL)

MARCH 22	APRIL 26
APRIL 5	MAY 3
APRIL 12	MAY 10
APRIL 19	MAY 17



INCLUDED:
BREAK SPORT TOURNAMENT
 (TENTATIVE DATE: MARCH 2 |)



INCLUDED:
BREAK SPORT TOURNAMENT
 (TENTATIVE DATES: MAY 18 OR MAY 24)

START ANY TIME! OUR TIERED TRAINING SYSTEM, EXPERT INSTURCTORS, AND INCLUDED ONLINE COURSEWARE ALLOWS YOUR KID TO START ANY TIME!

SECURE YOUR SPOT AT BTRBREAKIN.COM/AFTERSKOOOL

IF YOU'RE ALREADY REGISTERED, YOU DO NOT NEED TO REGISTER AGAIN.

ONLY SUBMIT PAYMENT (\$275) AT BTRBREAKIN.COM/LINKS.

PAYMENT PLANS AVAILABLE.

CONTACT- JASOUL | 808-635-7120 | EMAIL: JASON@BTRBREAKIN.COM

TO STAY INFORMED PLEASE FOLLOW US ON SOCIAL MEDIA



@BTRBREAKIN

ONLINE COURSE

- Intro log in- btrbreakin.com/4-week
- NEW ACCESS- btrbreakin.com/course
- At home | self guided
- 300+ instructional videos
- Printable pdf lessons
- lesson make up and reinforcement

ACHIEVEMENT BADGES



2024 PARIS OLYMPICS!

AFTERSKOOOL BREAKDANCING TIMELINE

02 SESSION 2 | 4 WEEKS

New Training Structure

- 30 mins Strength and Conditioning
- 40 mins skills / movement vocabulary
- 20 mins of practical application | Guided freestyle | Performance preparation
- 6 hours total



04 WINTER SESSION | 8 WEEKS

COST: TBD

- Movement Vocabulary Advancement
- Introduction to Breakdancing Choreography
- Tournament Preparation (competition)

PERFORMANCE AND TOURNAMENT SCHEDULED SOON



01 6-WEEK INTRO

INTRODUCTORY PROGRAM | 1 hrs / day | 6 hours total

- Rhythm
- Performance (Cypher Etiquette)
- Top Rocks / Drops | Indian Step
- Front Footwork / Back Footwork (ground work)
- Freezes | Baby Freeze
- Intro to Breakdancing Sequencing | learning to combine different foundations to perform a complete round with fluidity.

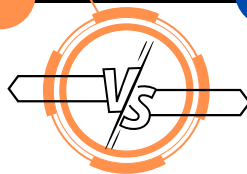
03 SESSION 3 | 4 WEEKS

STRENGTH / SKILLS ADVANCEMENT | BREAK SPORT

- Strength and Conditioning | Level 3
- Skills and Movement Vocabulary | Level 3
- Competition / Performance preparation

END OF SESSION

LV BREAKSPORT
YOUTH 1 VS 1 TOURNAMENT



05



SPRING SESSION | 8 WEEKS

COST: TBD

- Movement Vocabulary Advancement
- Breakdancing Choreography
- Tournament Preparation (competition)

PERFORMANCE AND TOURNAMENT SCHEDULED SOON